



#JaguarsRISE

### Athletic Clearance Directions

**Students may begin the Clearance process for the 2025-26 School Year after May 1, 2025**

**\*Physical Exams must be completed after May 1, 2025 to be valid for the 2025-26 school year**

#### Online Clearance Directions:

1. Go to [www.athleticclearance.com](http://www.athleticclearance.com) and select your language from the top of the screen.
2. Those who are new to the system will need to create a new Log-in.
3. Sign-in and hit "New Clearance".
  - a. Select Year: **2025-26**
  - b. Select School: **Segerstrom HS**
  - c. Sport: **Select all sports that the student may participate**
  - d. Complete the mandatory Medical History fields
  - e. Complete the Parent/Guardian Information fields
  - f. Complete the required Signature Forms (Student & Parent signatures required)
  - g. Upload your completed physical exam form with exam date (dated after 5/1/25), doctor signature and stamp, and parent signature to your athletic-clearance account
  - h. Upload a picture of your insurance card.
  - i. Once all steps have been completed you will receive a confirmation email. We will review all submissions and email you if there are any issues.

**\*Students are not officially cleared until all steps have been completed and you receive a confirmation email stating that you are cleared.**

**\*\*Some doctors complete the physical on their own form. We will accept their form, but you must also submit our form with a Parent Signature and date on the bottom.**

**\*\*\*An online tutorial is available on the Athletic Clearance website.**

Thank you,

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